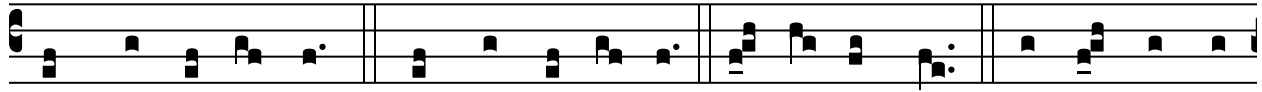
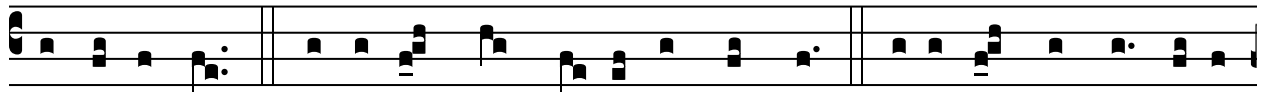


*All Saints Anglican Church  
Chant Workshop*

## SOLEMN PREFACE OF LENT



∮. The Lord be with you. ∟. And with thy spir- it ∮. Lift up your hearts. ∟. We lift them up



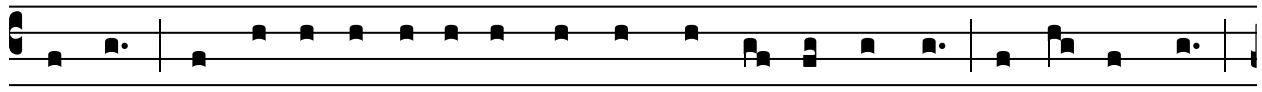
un- to the Lord. ∮. Let us give thanks un- to our Lord God. ∟. It is meet and right so to



do. It is ve- ry meet, right, and our boun- den du- ty that we should at all times and



in all pla- ces give thanks un- to thee, O Lord Ho- ly Fa- ther Al- migh- ty, Ev- er- last-



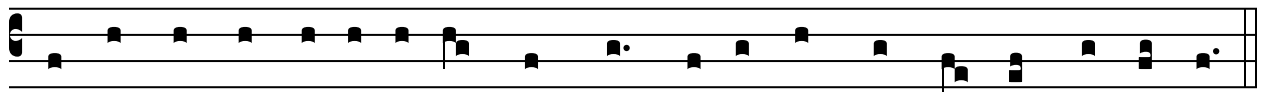
ing God. Who by thy bo- di- ly fast- ing dost curb our sin- ful- ness, up- lift our hearts,



and be- stow both vir- tue and its re- ward up- on us, through Je- sus Christ our Lord.



There- fore with An- gels and Arch- an- gels, and with all the com- pan- ny of hea- ven,



we laud and mag- ni- fy thy glo- rious Name, ev- er more prais- ing thee, and say- ing,