

He who would valiant be

MONK'S GATE

Traditional Sussex Melody,

arr. by R. Vaughan Williams (1872–1958)

John Bunyan (1628–1688)

English Hymnal Version, 1906

1. He — who would val - iant be 'gainst all dis - as - ter, —
2. Who — so be - set him round with dis - mal sto - ries, —
3. Since, Lord, thou dost de - fend us with thy Spi - rit, —

Let — him in con - stan - cy fol - low the Mas - ter. —
Do — but them - selves con - found, his strength the more is. —
We — know we at — the end shall life in - her - it. —

There's no dis - cour - age - ment shall make him once re -
No foes shall stay his — might, though he — with gi - ants
Then fan - cies flee a - way! I'll fear — not what men

lent his first a - vowed in - tent to be a pil - grim.
fight; he will make good his — right to be a pil - grim.
say, I'll la - bor night and day to be a pil - grim.